

NCIM NATIONAL VIRTUAL FORUM

DISCUSSION QUESTIONS



RECLAIMING BIRTH, RECLAIMING POWER

DAY 2 — MARCH 4, 2026

General Reflection Questions

- What moments felt powerful, difficult, or activating?
- What themes connected across the sessions today?
- Where did you feel hope? Where did you feel responsibility?
- What does accountability mean in your community context?
- What is one conversation today that needs to continue beyond this room?
- What supports might your community need to move from learning to action?
- Is there a role for NCIM to support your next steps?

From Harm to Accountability: Survivor Advocacy & Bill S-228

Kahsenniyo Kick & Harmony Redsky

- What does reproductive justice mean in your community?
- How has forced or coerced sterilization impacted Indigenous families and trust in health systems?
- What does meaningful accountability look like, beyond policy language?
- How can communities support survivors in ways that centre their leadership and consent?
- Who in your region needs to understand the importance of Bill S-228?
- What mechanisms should exist to prevent future harm?

Cultural Safety Starts from Within (Guided Somatic Practice)

Jace Poirier Lacerte

- What did you notice in your body during this session?
- How does chronic stress show up in your work or caregiving roles?
- What practices help you feel grounded and safe?
- How might somatic or body-based approaches support midwifery, community health, or leadership?
- What would it look like to build wellness practices into advocacy and systems change work?

15 Minute Break

Encourage participants to move, hydrate, and check in with one another

Where Our Midwives Are Made (Indigenous Midwifery Education Session)

Nilak Ironhawk-Tommy – Indigenous Midwifery Education (IME)

Christina Savard Saviakjuk – Inuulitsivik Midwifery Education Program

Kim Bridle & Emma White – Innu Midwifery Education Program

- What stands out about how Indigenous midwives are being trained within their own Nations?
- How does land-based, language-centred education strengthen care?
- What are the benefits of community-rooted midwifery programs?
- Are there community members who may want to pursue midwifery education?
- What barriers might students face (financial, geographic, political)?
- What partnerships or advocacy would be needed to establish or strengthen a program locally?
- How can communities support students while they are training?



Indigenous Midwifery Students Q&A

- What questions do you have about becoming a midwife?
- What does informed choice mean in your community context?
- What would continuity of care look like for families in your territory?
- How can Elders, language keepers, and cultural teachers be part of **education?**

Closing Reflection

Event Closing

Pauline Waterfall

- What does it mean to carry teachings forward responsibly?
- What does renewal look like in your Nation?
- What commitments are emerging from today?
- Who needs to be part of the next circle of conversation?
- What small, tangible step can your group take in the next month?

Final Viewing Circle Prompt

Before closing your gathering, consider inviting participants to name:

- One learning they are carrying forward.
- One action they are willing to take.
- One person they will share this knowledge with.



**NAKURMIK
EKOSI PITAMA
ONEN
KUKWSTSÉTSEMC
MERC
CHI-MIIGWETCH
MARSII
NMULTES
THANK YOU**