

# 2025 National Forum Discussion Questions



**NCIM**  
NATIONAL COUNCIL of  
INDIGENOUS MIDWIVES

Day One: February 25th, 2025

## General Questions

---

1. What was one moment that you strongly identified with?
2. What experiences and presentations stuck with you?
3. What made you laugh?
4. What is one thing you learned that you didn't know before?
5. Is there anything you would take back to your practice and/or community?
6. What do you think you need to do to motivate your leadership to begin and/or support a midwifery program?
7. Is there anything you feel NCIM can help you with?
8. Some communities have launched a midwifery committee that advocated for change organized events and helped bring midwifery back. Do you think there's a role for that kind of work in your community and where or who would do it?

## Presentation Specific Questions:

---

### **Opening: (Host Nilak Ironhawk-Tommy and Elder Maria Campbell)**

1. Was there something that Maria shared that surprised you?
2. When you think of an Indigenous midwife in your community what things other than pregnancy, birth and postpartum do you think would be helpful?
3. When you think about building strong Nations what do you think is important as we focus on bringing in the next generation?
4. How important is it for your community to restore your healing and wellness practices alongside western health and wellness?

### **Historical Journey of Midwifery within the Island Lake Anisininew Nation: Rita Flett**

1. Are you familiar with the history of midwifery in your community?
2. Are there Elders you can speak ask about the birth history in your territory?
3. Are the stories of birth, midwifery, care for families documented anywhere?
4. What initiatives are underway to provide the kind of care families want?

### **Food is medicine: x<sup>w</sup>əlməx<sup>w</sup> and English relationships to land and body: by Keisha Charnley**

1. Is it easy for community members to access traditional food?
2. What do you know about pregnancy and consuming traditional foods?
3. What exists in your community to help families or pregnant people access food?
4. What do you wish could be done to better support families with food security?

**'Circle of Aunties: the Sustainability of Wrap Around Support for families Beyond Birth': by Nadia Houle & Lori Inkster**

1. Does your community have supports for pregnant people, their families and young ones?
2. Is there a way the existing supports in the community could work better together to make it easier for families to access what they need?
3. Is there a gap in the current services offered and in what ways could the community advocate to ensure these are known to leadership?
4. Are there families that struggle more than others? People needing to travel for their care or relocate for their birth? People who have other health conditions that make pregnancy harder? In what ways can we support people who experience challenges in their pregnancy or parenting?