

ICE BREAKER SUGGESTIONS

Get you know your group with these simple activities

FACT FINDING ICEBREAKER ACTIVITIES

1. Two Truths and a Lie

Participants list three things about themselves, two are true, and one is a lie. Others must guess which is which.

2. The Envelope Please!

Group members list 10 facts about themselves on strips of paper and then put them in an envelope. The group leader reads the facts aloud, one by one, as other group members guess the person's identity.

4. The TP Game

Pass a roll of toilet paper around the room and tell each person to take as much as they need. Then, for each square they took, they must share one fact about themselves.

5. 10 Things in Common

Divide into partners with instructions to discover 10 things that you have in common.

THOUGHT-PROVOKING ICEBREAKER QUESTIONS

Simply go around the room asking each person to answer the same question! Some ideas to get you started:

1. If you were a brand, what would your slogan be?
2. If you could be any animal, what would you be?
3. If you could have a conversation with any famous person, dead or alive, whom would you choose?
4. If you were given a million dollars that you had to spend in a week, what would you buy?
5. What was your favorite childhood game or activity?
6. What is your greatest fear?
7. What superpower do you wish you had?
8. What are your best talents?
9. What is your idea for the next great invention?
10. If you could travel anywhere, where would you go?

OTHER ICE BREAKER SUGGESTIONS

1. **Shout Outs** - For groups that have formed some relationships but need to be shaken away from the norm to achieve a deeper sense of community, create a shout out wall that mimics the way social media works. Give everyone an index card or large slip of paper to write down something positive someone else in the group did and pin it on the wall.
2. **Question Carousel** - Have everyone stand up. Play music as they walk around. When the music stops, they start talking with the person they are closest to. When the music starts, they start walking again. Continue for several rotations until everyone seems more comfortable.
3. **Just Five Things** - This icebreaker is so versatile and can work for any group. Break up into groups of four or five and tell them they'll be coming up with a list of five things to answer a prompt. Create a question that relates to your group. For example, serious prompts can be "five things that inspire you" or "five habits of successful people." Fun prompts could include "the five worst movies you've ever seen," "five favorite foods," etc. This icebreaker can be used over and over with different questions for different results.
4. **Life Motto** - Give each person time to write down the motto that best describes their life up to this point. Then, allow them to share, either with a small breakout group or with the whole group.